

North Riverside Recreation
2401 S. DesPlaines Avenue * North Riverside, IL 60546 * 708-442-5515
www.northriversiderecsports.org

Youth Basketball House Rules (Preschool - 2nd Grade)

These are the basic rules we will be using for all games. It should be remembered that the referee is the only judge of fouls, out of bounds, and other offensive and defensive fouls. His/Her calls should be respected and not disputed. The referee's are teachers of the game along with the coaches; please work together so that the children learn the game of basketball. If you have a concern about a referee's performance, please discuss it with him/her at half time or after the game.

1. Games will consist of **four 8-minute quarters** with a running clock. There will be a 5-minute half time and 1 minute between quarters.
2. Coaches may not call time outs. The referee calls all time outs. A time out is allowed for injury.
3. Only zone defense may be played. No double-teaming allowed outside the restricted area.
4. Defensive team must fall back to restricted line on out of bounds or after points are scored.
5. Each player should get to play at least half the game and play different positions during the course of the season.
6. No player should play the whole game unless only 5 players are present.
7. If the ball hits the rim it will be considered a live ball playable for rebound unless the defending team gains possession of rebound.
8. Alternate possessions at quarters and jump balls.
9. No fouls will result in free throws. Team which is fouled, will be awarded with the ball unless the basket is scored.
10. Rim heights and Ball Size: 8ft. hoop and a junior ball (27")

Miscellaneous

1. TREATS: Treats after a game are optional. Some coaches may want to have different parents sign up each week to bring a little something for the children. It is also advisable to bring a jug of water and cups.
2. INJURIES: the referees will attend to injuries. If it is serious, the paramedics will be called. For all injuries, an Accident Report must be filled out.
3. PRACTICES: Coaches are urged to have one practice each week with their players. If, however, you are unable to practice at this time, schedule one at your convenience, or you may do it before a game on Saturday. Coaches are also urged to solicit the assistance of other parents to help with the practices.
4. EQUIPMENT: All coaches are responsible for the equipment issued to them at the beginning of the season or before your practice time. It must be returned in the same condition in which it was issued.
5. PROBLEMS: Minor problems should be worked out between the coaches, referees, etc. whenever possible. If the problem cannot be resolved, the Director of Recreation should be contacted. Please call the Recreation Department at 442-5515.
6. SCHEDULES/STANDINGS: Visit the Rec Sports website for detailed information on schedules, rules, announcements, and up-to-date standings. The website is www.northriversiderecsports.org
7. EMAIL: Please check your email regularly whereas the majority of all correspondences will be made via email.

Thank you and have a great season!

Basketball Coordinators:

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